



# Boost Energy, Naturally

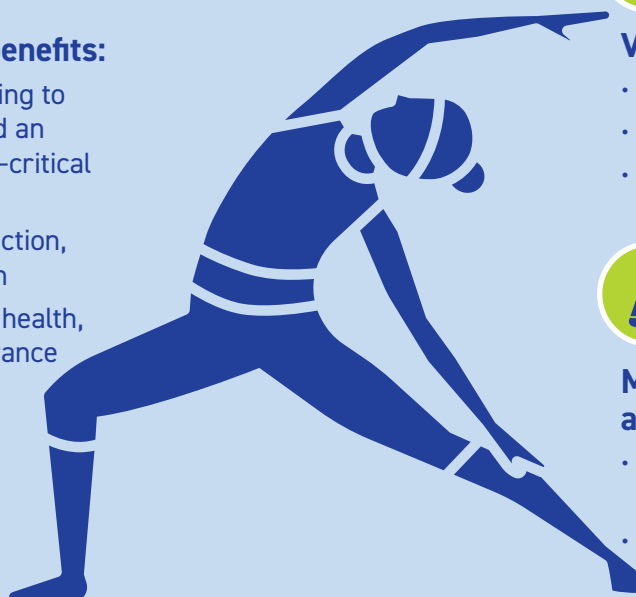
MGCPQQ® is the perfect addition to a healthy regimen



## Work it Out.

### Exercise has many benefits:

- Increases energy, leading to **more mitochondria** and an increased metabolism—critical for anti-aging
- Improves cognitive function, including concentration
- Boosts cardiovascular health, meaning greater endurance throughout the day



## Catch Some Sun.

### Vitamin D helps stimulate:

- Muscle efficiency
- Energy levels
- Immune system health



## Hydrate.

### Mild dehydration can cause a slew of issues, impairing:

- Cognitive performance
- Energy levels
- Mood
- Memory

## A Healthier Life

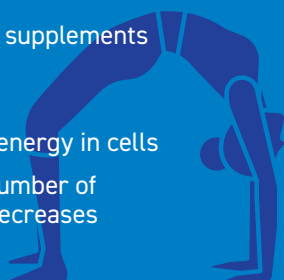
Active consumers are looking for natural energy sources

### Healthy lifestyles are becoming the norm, resulting in:

- High demand for natural products
- Consumer willingness to pay premium price for natural and organic items
- Younger consumers seeking out supplements

### Understanding Cells:

- Mitochondria are vital, creating energy in cells
- As people age, the quality and number of mitochondria deteriorates and decreases



## MGCPQQ®—Most Tested. Most Trusted.

### Studies show MGCPQQ® may promote:

- Creation of mitochondria
- Nerve growth in the brain
- Activation of energy-building cell growth

### Safe for athletes to use:

- The only supplement of its kind registered on the European's List of Novel Foods
- Informed-Choice and Informed-Sport Certification



Every effort has been made to ensure that the information contained in this material is reliable and has been verified. The information is intended for a professional audience in a non-commercial context only.

For more information and references, visit [mgcpqq.eu](https://mgcpqq.eu).

Follow @MGCPQQ on Twitter and Facebook

